



Blue Coat Church of England Academy

Year: 7

Subject: Design Technology - Hospitality & Catering

Overview

Here at Blue Coat Academy, our Hospitality & Catering students have a minimum of one double lesson per week, over a 10 week period/term. During this pupils will complete 2 Theory based homework tasks and 2 based practical skills tasks such as weighing and measuring at home, practicing a design idea at home or simply just shopping for their own ingredients.

Within year 7, pupils are required to cook for 8 out of their 10 lessons. With an emphasis on cross contamination via "food and personnel safety" and practical precision " using a variety of cooking methods and 'tools and equipment', with an , with an evaluation/DIRT at the end of the module to consolidate learning. The aim is to build on key skills within the kitchen to promote confidence and ability when preparing healthy food safety and hygienically.

The aim is not only to cover the national curriculum requirements, but also for students to become competent cooks and be able to consider and apply food and diet related issues to design ideas suitable within the food and catering industry as well as support themselves and their families to lead healthy and balanced lifestyles.

All pupils will be assessed continually and photographed on their practical skills which will also includes room maintenance and dish presentation under the

headings, beginning, emerging, developing, secure and mastered to reflect and build up to the criteria of GCSE.

Within each ½ term there will also be two theory assessments that reflect each module's focus, graded within the 1-9 criteria at KS3 and also under the heading beginning, emerging, developing, secure and advanced. At KS4 pupils will be graded either a pass, merit or distinction based on the exam criteria.

All of the recipes are planned to be completed within 90 minutes, including the clearing up of the work area. The clearing up at the end of the session is an important part of pupils' learning as pupils are constantly assessed by their teacher on their time management, teamwork, hygiene and safety practices, a key point on the 60% coursework GCSE assessment criteria.

All Practical's and their ingredients are available on '**Show My Homework**', if pupils have lost their log in details, pupils can gain access via the 'schools websites' 'pupil access' link and select teachers name to view the list of ingredients required for their practical.

All recipes for each year group are evaluated and 'survey monkeyed' each rotation, to ensure they are relevant, provide progression of skills across each year group and that are popular amongst the pupils we teach, as our aim is to increase the knowledge and understanding of ingredients through practical sessions and build on a healthier lifestyle for a sustainable future.

STEAM is an important factor within the whole school curriculum and is featured within Hospitality and Catering via the following topics across all year groups:

Science - Through knowledge and understanding of food, nutrition and its function within the human body and how cooking methods aid digestion and impacts on nutritional content. (A01, A02)

Technology - Through evaluations of new and existing products to aid the modification process of individual products to make them suitable for different target groups and be successful on the open market. These will then be marketed and packaged correctly to fulfil both legal requirements and global social and environmental issues. (A02)

Engineering - N/A

Art - This is delivered through creative plating up methods showcasing key skills in preparation and cooking methods. (A03)

Mathematics - via the continual weighing and measuring of both solid and liquid of standard components, calculations of time versus heat during practical sessions and the conversion from costing of ingredients to cost per portion and selling formula to suit the hospitality sector. (A03)

To add value to the subject we as a Design & Technology Department have created a home recipe booklet for fun, quick and easy recipes to try at home with friends and family, follow the link 'Sweet Treats' on the school website. These recipes have been chosen by pupils for pupils. The aim is to enhance pupils cooking skills, independence, confidence, maths and literacy skills as well as engage both pupils and their parents within the school's curriculum.

Year 7- Commis Chef Apprenticeship

Aim - This module is designed to familiarise pupils and gain their confidence with the usages of a variety of tools and equipment and apply them within the making progress safely and hygienically. Pupils will develop their skills and techniques via the understanding of production methods (one off , batch and mass production).using all off the cooking methods, radiation, convection and conduction. Whilst also understanding the health and safety regulations of the food industry and how to plan meals following the Eatwell Guide. Pupils will cook 10 out of the 12 session and will be assessed on the 5 theory homework tasks and their application of practical ability. In line with the Eduqas marking criteria L01 &L03 at KS4

Recipes -key cooking and preparation skills

1. Fruit Smoothies
2. Pancakes
3. Shortbread biscuits
4. Chicken/Fish nuggets
5. Cheese and potato bake
6. Apple crumble
7. Macaroni Cheese
8. DIRT