



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.

In year 12, this is split into two delivery methods:

- 1) Personal Development Days – four days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 2) Form time ‘wider world’ activities, covering elements of citizenship, culture and community.

This year, pupils in year 12 will study the following topics:

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4
Drugs, alcohol and tobacco.	Managing risk and personal safety.	First Aid.	Unifrog MOOC: “Massive Open Online Course”
Managing transitional life phases - preparing for independent living.	Mental health - recognising common signs.	Awareness of health - including self checking for serious illnesses.	HWB Influence of role models.
Consent, moral and legal responsibilities including exploitation and abuse.	Positive relationships, personal and cultural values.	Contraception & taking responsibility.	Professional relationships and workplace boundaries.
Unhealthy relationships and negative influences.	Harassment and how to de-escalate in social situations.	Managing boundaries online.	Cultural diversity.
Aspire to HE - what is HE?	Aspire to HE - what are the costs	NESTA jobs of the future.	UK Tax System, deductions, consumer rights.
UNIFROG COMPETENCIES - evaluating self and setting goals for future options.	Applying for work experience.	Media literacy and digital resilience - Extremism and radicalisation.	Types of jobs and workplace confidentiality including cyber security and data protection.

In form time ‘Wider World’ sessions:

Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Remembering Queen Elizabeth II	Personal Identity and Gender Roles	Zones of Regulation		Diversity	Addressing Extremism