



Blue Coat Church of England Academy

Year: 12

Subject: Health and Social Care

Overview

Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care (Extended Certificate)

Unit 1: Human Lifespan and Development

In this unit you will develop your knowledge and understanding of human growth and development across different life stages. You will explore the physical, intellectual, emotional and social development across all human life stages. You will study factors that may influence human growth, development and health. Growth and development could be impacted by a variety of factors, such as lifestyle, environmental and socio-economic. You will study the impact of health inequalities, and how these affect the health of individuals

This unit will be externally assessed through a 90-minute exam. There are 80 marks available

Unit 2: Human Biology and Health

In this unit, you will learn how the body is organised into cells, tissues, organs and how to achieve a healthy, functioning body. You will develop your knowledge of the structure and function of cells, the different tissue types, their location in the body and how they are structured to support their functional purposes. You will also explore systems in the body such as the respiratory, cardiovascular and endocrine systems. You will consider how disorders can affect body systems.

This unit will be externally assessed through a 90-minute exam. There are 80 marks available

Unit 3: Principles of Health and Social Care Practice

In this unit, you will learn about the values, skills and principles of meeting individuals' care and support needs and how these should be applied in practice. You will look at some of the challenges when personalising care and how legislation, governance and regulation affect the provision of care and support to meet individuals' needs, such as working with vulnerable service users. You will also examine the different factors within society affecting the health outcomes of individuals and the strategies that could be employed to overcome these.

Assessed through coursework internally assessed, externally moderated.

Unit 4: Health, Policy and Wellbeing

In this unit you will develop and understanding of legislation and policies related to public health and how these may impact different populations. You will consider a range of factors that factors affect health on a local and national level. You will explore methods of promoting and protecting public health, in addition to the barriers promoting public health and ways of making people aware of public health issues. You will also develop an understanding of initiatives to encourage individuals to change their behaviour in relation to their health.

Assessed through coursework internally assessed, externally moderated.

For more information, you can access the specification here: [Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care \(Extended Certificate\) Specification](#)