



# Blue Coat Church of England Academy

**Year: 10**

**Subject: Btec Tech L1/2 Sport**

## Overview

In Year 10, students begin their journey through the BTEC Tech Award in Sport by focusing on **Component 1: Preparing Participants to Take Part in Sport and Physical Activity**. This component is internally assessed and provides foundational knowledge and skills that underpin the rest of the course.

### Component 1: Preparing Participants to Take Part in Sport and Physical Activity

#### Term 1–2:

- Introduction to the BTEC Sport qualification and expectations.
- Understanding different types of sport and physical activity.
- Exploring the roles and responsibilities of people involved in sport.
- Investigating barriers to participation and strategies to overcome them.
- Analysing provision for sport and physical activity in the UK.

#### Assessment:

- Completion of internally assessed assignments.
- Research tasks, presentations, and written reports.

### Component 2: Taking Part and Improving Other Participants' Sporting Performance

#### Term 3:

- Preparation for Component 2 begins.
- Students develop practical skills in selected sports.
- Focus on leadership, coaching, and performance analysis.
- Introduction to planning and leading sports sessions.

### **Assessment Preparation:**

- Students begin gathering evidence for practical performance.
- Peer and self-assessment activities.
- Observation and feedback tasks.

### **Skills Developed**

- Communication and leadership in sport.
- Analytical thinking and evaluation.
- Teamwork and collaboration.
- Research and presentation skills.

### **Progression**

This year lays the groundwork for Component 3 in Year 11, which is externally assessed and focuses on applying knowledge to improve fitness and performance.