



# Personal, Social, Health and Economic Education

**Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.**

In year 12, this is split into two delivery methods:

- 1) Personal Development Days – four days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 2) Form time ‘wider world’ activities, covering elements of citizenship, culture and community.

**This year, pupils in year 12 level 2 will study the following topics:**

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	Day 5
Journalling for productivity and wellbeing	Accessing appropriate health services	Independent living	Role of the police	Transition from level 2 into level 3
	Cultural appropriation	Driver attitudes	Entrepreneurial skills	Confidence and communication
Prevent Part 1	AI and careers	Virtual Work Experience 2	Difference project	Future pathways mapping
Assertiveness at work	Virtual Work Experience 1		Role models	Skills or qualifications: debate
Mc Donald’s ‘taste for work’.	Difference programme	Financial literacy	Nutrition on a budget	What career fits me?
			Employment R&R	

In form time ‘Wider World’ sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as exam stress, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.