



# Personal, Social, Health and Economic Education

**Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.**

In year 9, this is split into three delivery methods:

- 1) A weekly Personal Development lesson, looking in depth at a variety of PSHE topics.
- 2) Personal Development Days – four days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 3) Form time ‘wider world’ activities, covering elements of citizenship, culture and community.

**This year, pupils in year 9 will study the following topics:**

In weekly Personal Development lessons:

Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Knife Crime – in collaboration with West Mids Police and Virtual Decisions.		Physical Health	Social Enterprise	NSPCC: Talk Relationships	Citizenship – UK law and justice

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	Day 5
Prevent Part 1	STEM workshop part 1 with In-Comm	STEM workshop part 2 with In-Comm	Keeping safe – delivered by school nurses	CPR and emergency first aid training.
Managing influences on our wellbeing.	Healthy and unhealthy coping strategies	University of Worcester presentation	Awareness of health, including check-ups, screening, hygiene and dental health.	Eating Disorders.
Resisting the pressure to join gangs and carry weapons.	Personal & legal risks of drugs, alcohol and tobacco, including addiction	Introduction to apprenticeships: In-Comm	Giving and withdrawing consent.	Child Criminal Exploitation: Street Teams
Positive relationships - media portrayal of relationships.	Establishing morals, values and boundaries in romantic/ intimate relationships.	Walsall College presentation	Managing the influence of drugs on relationships	FGM.
Resilience. Developing skills that employers value.	Abuse, harassment, exploitation and grooming.	Future planning – options at KS4	Privacy and risk online – how to handle extreme views/content online.	Digital deception – understanding deepfakes and manipulated images
Challenging prejudice and discrimination, promoting inclusion.	Citizenship: voting, elections and political parties	Jobs of the future	Citizenship: Rules, laws, justice system & the police	Recognising financial exploitation including online money scams.

In form time ‘Wider World’ sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as racism, diversity, misogyny, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.