



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.

In year 10, this is split into two delivery methods:

- 1) Personal Development Days – five days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 2) Form time 'wider world' activities, covering elements of citizenship, culture and community.

Building on what they learned at Key Stage 3, pupils in year 10 will study the following topics:

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	
LABOUR MARKET INFORMATION	MY STRENGTHS AND CHARACTERISTICS	MISUSE OF SUBSTANCES	UNHEALTHY COPING STRATEGIES AND ADDICTION	UNPLANNED PREGNANCIES
EMPLOYABILITY SKILLS	BLOOD, ORGAN AND STEM CELL DONATION	STRATEGIES TO PROMOTE WELLBEING	RESPONSIBLE HEALTH CHOICES	GAMBLING, GAMING AND DEBT
UNIFROG-INTERESTS PROFILE	LONG TERM RELATIONSHIPS AND MARRIAGE - NEEDS UPDATE	RECOGNISING PRESSURE IN RELATIONSHIPS.	CONSIDERING FAITH AND VALUES IN PERSONAL RELATIONSHIPS	SEXUAL HARASSMENT, ASSAULT AND VIOLENCE
INTERVIEW PREPERATION	DIFFERENT STAGES OF RELATIONSHIPS	PERSONAL VALUES AROUND SEX IN RELATIONSHIPS, ENJOYING RELATIONSHIPS WITHOUT SEX	FORCED MARRIAGE	COMMUNICATING CONSENT, SUBSTANCES AND CONSENT
WORKING AND EARNING MONEY	EXTREME CONTENT ONLINE	MISOGYNY AND THE MANOSPHERE	ONLINE VS REAL LIFE	GANGS AND VIOLENT CRIME
WORK EXPERIENCE LAUNCH	DEMOCRACY AND ELECTORAL SYSTEMS IN THE UK AND BEYOND	OTHER FORMS OF GOVERNMENT - THE UK RELATIONSHIP WITH THE ROW	HUMAN RIGHTS AND INTERNATIONAL LAW	SHARING IMAGES, AI AND DEEPFAKES

In form time 'Wider World' sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as racism, diversity, misogyny, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.