



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.

In year 11, this is split into two delivery methods:

- 1) Personal Development Days – five days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 2) Form time 'wider world' activities, covering elements of citizenship, culture and community.

This year, pupils in year 11 will study the following topics:

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	Day 5
SIXTH FORM EXPERIENCE	CONTRACEPTION AND STIS	FIRST AID	ECONOMIC WELLBEING	PARENTHOOD ROLES AND RESPONSIBILITIES
DECISION MAKING- POST 16 OPTIONS	MENTAL HEALTH AND WELLBEING	REPRODUCTIVE AND GYNAECOLOGICAL HEALTH AND FERTILITY	HEALTH, BODY IMAGE AND ALTERATIONS	TAKING RESPONSIBILITY FOR DIET AND NUTRITION
JOB INTERVIEW PREPERATION	HONOUR BASED ABUSE	VICTIM BLAMING	PREVENT PART 2	SEXUAL ETHICS AND POWER IMBALANCES
MOCK INTERVIEW	THE ROLE OF PLEASURE IN RELATIONSHIPS	UNWANTED ATTENTION - STALKING AND HARASSMENT	ETHICAL CONSENT, COMMUNICATION AND RESPECT.	SEXUAL ETHICS, AND THE DANGER OF HARMFUL SEXUAL ACTIVITIES/MEDIA. PROFESSIONALLY LED SESSION.
TALENT FOUNDRY	CYBERCRIME, SCAMS AND SEXTORTION	ONLINE PRIVACY AND DATA PROTECTION	CHATBOTS AND AI COMPLACENCY	DIGITAL LITERACY - CHALLENGING HATE CRIME
PERSONAL STATEMENT PLANNING	PERSONAL SAFETY SCENARIOS	HOW PUBLIC MONEY IS RAISED AND SPENT	UK LEGAL SYSTEM	VOLUNTEERING - POST EXAM OPPORTUNITIES

In form time 'Wider World' sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as exam stress, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.