



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.

In year 12, this is split into two delivery methods:

- 1) Personal Development Days – five days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 2) Form time 'wider world' activities, covering elements of citizenship, culture and community.

This year, pupils in year 12 will study the following topics:

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	Day 5
DRUGS AND SUBSTANCES	FIRST AID	MANAGING RISK AND PERSONAL SAFETY	MONEY SENSE- BUDGETING	CONSUMER RIGHTS
AWARENESS OF HEALTH AND SELF CHECKING	MENTAL HEALTH	PRESCRIPTION AND OTC MEDICATIONS	INTERVIEW SKILLS	EXPLOITATION
PERSONAL SAFETY AND TRUST	PERSONAL AND CULTURAL VALUES IN RELATIONSHIPS	CONTRACEPTION – TAKING RESPONSIBILITY	RESILIENCE AND STRESS IN THE WORKPLACE	PROFESSIONAL RELATIONSHIPS AND BOUNDARIES
CONSENT	STALKING AND HARASSMENT	ONLINE BOUNDARIES AND BEHAVIOUR	ASSESSMENT CENTRE	UNINTENDED PREGNANCY
ARTIFICIAL INTELLIGENCE	PERSONAL FINANCE SERVICES AND BUDGETING	PERSONAL FINANCE – SAVING	FUTURES PATHWAYS	UX TAX SYSTEM AND YOUR PAY – ANALYSING PAY SLIPS
ASPIRE TO HE – WHAT IS HE?	ASPIRE TO HE – STUDENT FINANCE	MEDIA LITERACY – EXTREME VIEWS ONLINE	GOAL SETTING AND PLANNING	WORKPLACE CONFIDENTIALITY, CYBER SECURITY AND DATA PROTECTION

In form time 'Wider World' sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as exam stress, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.