



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.

In year 13, this is split into two delivery methods:

- 1) Personal Development Days – five days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 2) Form time 'wider world' activities, covering elements of citizenship, culture and community.

This year, pupils in year 13 will study the following topics:

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	Day 5
THE TRADING GAME – PRACTICAL MANUFACTURING AND TRADING SESSION	WHAT HAPPENS NEXT	TRAVELLING SAFELY	SELF IMAGE AND BODY ALTERATIONS – ONLINE PRESSURE AND LONG TERM CONSEQUENCES	HARMFUL MEDIA
CONTRACEPTION NEGOTIATION AND USE	BUDGETING AND SALRIES	WELLBEING ESCAPE ROOM	MEAL PLANNING AND PREPARATION ON A BUDGET	ACCESSING HEALTHCARE, HEALTHCARE RELATED TO AGE
EMOTIONAL INTIMACY – BEING INTIMATE WITHOUT SEX	STUDENT AMBASSADORS- UNIVERSITY	CONSTRUCTIVE COMMUNICATION		ENDING RELATIONSHIPS
FORCED MARRIAGE AND HONOUR BASED VIOLENCE	APPRENTICESHIPS	HARMFUL RELATIONSHIPS	FERTILITY AND PARENTHOOD	STI'S PREVENTION AND TREATMENT
VICTIM BLAMING	INDEPENDENCE	REPORTING SEXUAL ASSAULT	BULLYING IN THE WORKPLACE, AND THE ROLE OF TRADE UNIONS	BUDGETING AND FINANCIAL CONTRACTS
PREVENT PART 2	RIGHTS & RESPONSIBILITIES IN ALL WORKPLACES	GANGS, WEAPONS AND ORGANISED CRIME	PERSONAL FINANCE – CREDIT AND DEBT	FINANCIAL SCAMS AND RISKS

In form time 'Wider World' sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as exam stress, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.