



Personal, Social, Health and Economic Education

Personal, Social, Health and Economic Education (PSHE) at Blue Coat is delivered through the Personal Development curriculum.

In year 8, this is split into three delivery methods:

- 1) A weekly Personal Development lesson, looking in depth at a variety of PSHE topics.
- 2) Personal Development Days –five days every year, when normal lessons are suspended, and pupils follow a programme of PSHE based activities for the day, including the statutory topics of Health, Relationships and Sex (as appropriate to their age), plus topics such as careers, finance and personal safety.
- 3) Form time ‘wider world’ activities, covering elements of citizenship, culture and community.

Building upon what they learned in year 7, pupils in year 8 will study the following topics:

In weekly Personal Development lessons:

Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
MENTAL HEALTH	MONEYSENSE	SMOKING & VAPING	ENTERPRISE – THE APPRENTICE	RELATIONSHIPS – FRIENDSHIPS AND ROMANCE	CITIZENSHIP – BRITISH VALUES & GOVERNMENT

On Personal Development Days:

Day 1	Day 2	Day 3	Day 4	Day 5
LIFESTYLE DISEASES AND LONG TERM ILLNESS	GAMBLING AND GAMING	INCOMM STEM WORKSHOP	FOOD AND NUTRITION	UNIFROG 101
ILLEGAL DRUGS	MENTAL HEALTH AND STIGMA		HEALTH: CONTRACEPTION	DIFFERENT INDUSTRIES AND JOB ROLES
ROMANCE AND FALLING IN LOVE	ETHICAL RELATIONSHIPS		RECOGNISING AND RESISTING EXPLOITATION	ENTERPRISE – WHAT OPPORTUNITIES ARE THERE IN WALSALL?
ONLINE CONNECTIONS E.G. GROUP CHATS	RECOGNISING ABUSIVE BEHAVIOURS	GRIEF AND LOSS	CONFLICT MANAGEMENT SKILLS	BUDGETING AND SALARIES
FINANCE AND RISK	CHALLENGING STEREOTYPES	DRUGS AND SOCIAL INFLUENCE	SOCIAL MEDIA - RIGHTS, RESPONSIBILITIES AND OPPORTUNITIES	SKILLS AND QUALITIES IN THE WORKPLACE
CCE	INFLUENCES ON SPENDING	CRITICALLY ASSESSING DIGITAL CONTENT INCLUDING AI	CYBERBULLYING AND ONLINE TROLLS	CAREER PATHWAYS: WITH CAREERS ADVISOR MRS C. FACEY

In form time ‘Wider World’ sessions:

The Wider World form time session is a responsive programme, picking up on current affairs, news, local issues and anything arising from student voice.

Students may cover issues such as racism, diversity, British Values and organised crime, as well as celebrating national events such as Black History Month, sporting events and religious occasions.